

Group Swim Lessons

Informational Sheet

Welcome to WCCPR! Thank you for choosing and putting your trust in us as we work with your little ones. We look forward to spending the next six lessons with them, and we can't wait to see how much progress everyone makes! Please see some important information regarding group swim lessons below. If you still have any questions or concerns after reading this over, please don't hesitate to ask either your WSI (Water Safety Instructor) or the front desk!

- Question:** Where do I go at the beginning of each lesson?
- ✓ **Answer:** Once you have checked in through the front desk, you will meet your instructor(s) in the observation deck (with all the glass windows) that is located in between the pool deck and hallway.
- ❖ **We ask families to please NOT enter through the side doors that lead directly onto the pool deck. The front desk requires families to sign in before every lesson.**

- Question:** What does my child need for their lesson?
- ✓ A personal towel.
- ✓ Swim diapers are **required** for children ages 3 and under, regardless of potty-training status.
- ✓ For PA & LTS level 1's, it is not recommend to use goggles in the beginning, so that the student can gain comfortability putting their face & eyes under the water.
- ✓ For PA & LTS level 2's, goggles are not required, but may be used if needed.
- ✓ For PA and LTS levels 3+, goggles are **HIGHLY** recommended.
- Note: Goggles/snorkel masks with a nose cover are **not** allowed.

- Question:** What does my child need to wear?
- ✓ Swimmers should have appropriate swimwear on; one-pieces, two-pieces, swim trunks, and swim shirts are all acceptable. No street clothing.
- ✓ We also ask parents to tie their child's hair back before the start of each lesson so that it does not get in their way.

- Question:** What if my child misses a lesson because of illness or any other obligations?
- ✓ **Answer:** Unfortunately, we do not offer make-up lessons or refunds for personal absences.
- If an emergency were to arise, and you knew your child would have to miss the majority of the remaining lessons, please contact the front desk (859-744-9554). There is the possibility that you could either be issued a refund or put into the next session.
- If your child is to miss 3 or more lessons, it is highly likely that they will have to repeat the same level.

Group Swim Lessons

Informational Sheet (cont.)

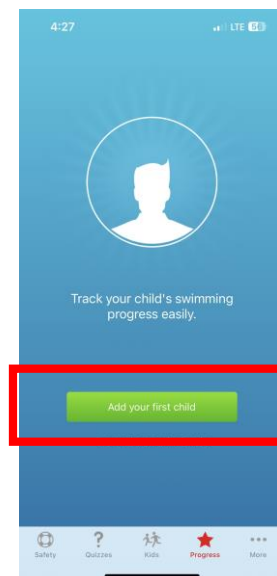
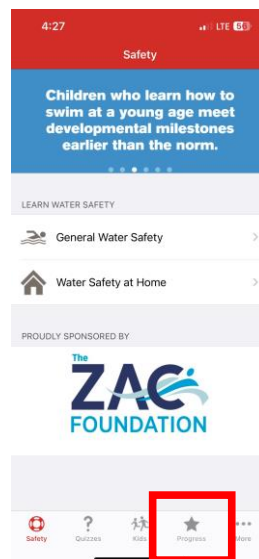
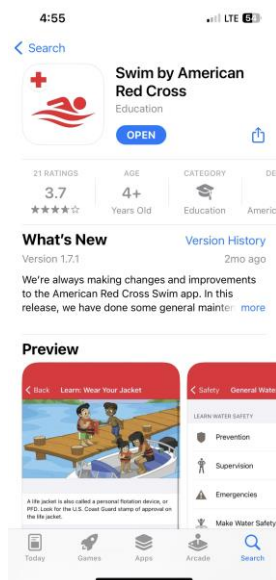
- ❑ **Question:** When are make-up lessons offered?
- ✓ **Answer:** Make-up lessons will only be offered due to inclement weather or instructor illness (in the event we are unable to find a substitute instructor).
- If a swim lesson must be canceled, families will be notified via **email**, based on the one provided at time of registration.
- Due to programming constraints, only (1) make-up lesson will be scheduled regardless if multiple days are missed due to inclement weather.

- ❑ **Question:** What is the American Red Cross Swim app and how do I access it?
- ✓ **Answer:** The American Red Cross Swim app is a great way to track your child's growth as they progress through each level in either Preschool Aquatics (PA) or Learn-to-Swim (LTS) lessons. The specific name and level that your child is in can be found in your Rec Desk account.

1 Start by searching "American Red Cross swim app" in your app store.

2 Once you have opened to the home page, click the tab at the bottom with a star that says "Progress".

3 Add your child's name(s).

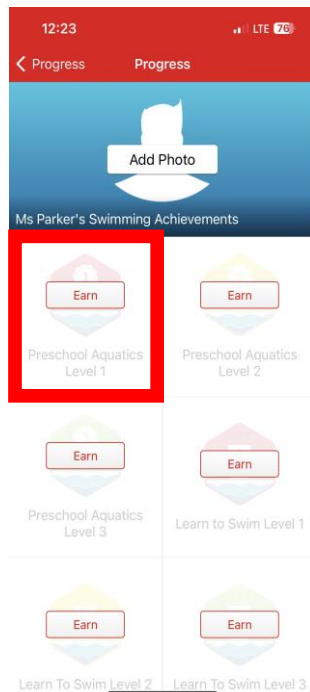


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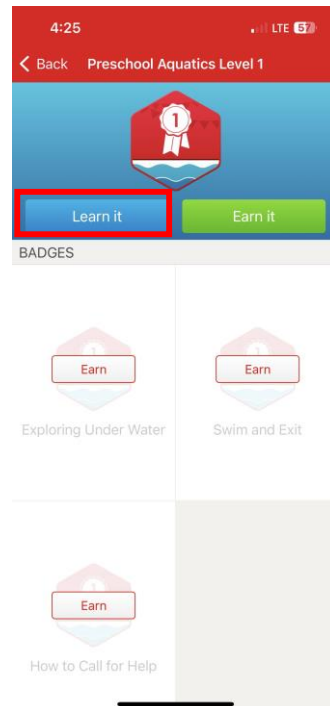
Informational Sheet (cont.)

❑ **Question:** What is the American Red Cross Swim app and how do I access it? (cont.)

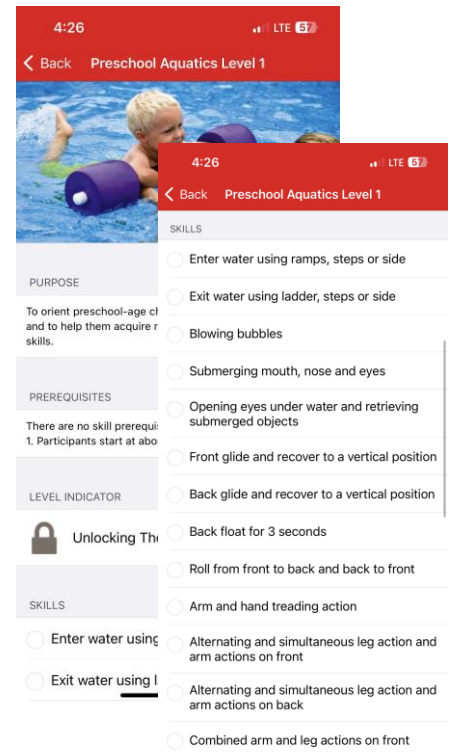
4 Once your child has been added, click on the appropriate class in which they are registered. (PA Level 1 will be used as the example.)



2 Click on the blue button that says "Learn it".



3 Here you will find all the skills that will be covered in that level. You may check off the skills your child has successfully completed.



- **Additionally,** families will be given a physical copy of the same checklist found in the app, at the end of each session. This checklist will state whether or not the swimmer completed all the skills necessary to move on. *Parents can use this to finish filling out the app and earn badges when your child has successfully completed the level.*
- **Note:** In LTS levels 3-6, you may notice that there are certain skills that are not covered during our lessons. This is due to the number of lessons our facility offers per session, which is smaller than other ARC swim programs. Despite missing out on a couple skills, the swimmer is still considered to have successfully completed that level. *If your child is interested in learning the specific skills not offered in the higher levels, private lessons are recommended.*